

Dr Pepel Family Practice
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Health History Form Page 1

Welcome to our practice. As a new patient, please fill out the information found below to the best of your ability.

Date _____
 Patient Name _____ Birthdate _____
 Chief Complaint _____
 Height _____ Weight _____

History of present illness

Location (where is the pain/problem?)
 Quality (Example: color, activity, throbbing...)
 Severity (Scale 1-10 with 10=most severe)
 Duration (When did it start?)
 Timing (Does the problem occur at a specific time?)
 Context (Where were you at the onset?)
 Associated signs/ symptoms/ problems
 Modifying factors (What makes it better or worse?)

Previous Hospitalizations, Surgeries, Serious Illnesses	When?	Hospital, City, State
_____	_____	_____
_____	_____	_____
_____	_____	_____

Medications or Supplements: _____

Patient Social History

Marital Status	Single	Married	Separated	Divorced	Widowed
Use of alcohol	Never	Rarely	Moderate	Daily	
Use of tobacco	Never	Previously, but quit		Current packs/ day	
Use of drugs	Never	Type/Frequency			
Excessive exposure at home or work to	Fumes	Dust	Solvents	Noise	Air-borne Particles

Family Medical History	Age	Diseases	If Deceased, Cause of Death
Father	_____	_____	_____
Mother	_____	_____	_____
Siblings	_____	_____	_____
Children	_____	_____	_____

Have you ever had the following? (Past or Present Disease)

Constitutional Symptoms	Genitourinary	Psychiatric			
Good general health lately	no/yes	Frequent urination	no/yes	Memory loss	no/yes
Recent weight change	no/yes	Burning/ painful urination	no/yes	Nervousness	no/yes
Fever	no/yes	Blood in urine	no/yes	Depression	no/yes
Fatigue	no/yes	Change in force of strain	no/yes	Insomnia	no/yes
Headache	no/yes			Suicidal thoughts	no/yes

Health History Form Page 2

Eyes

Wear glasses/contact lenses no/yes
 Blurred or double vision no/yes
 Eye disease or injury no/yes

Ears/Nose/Mouth/Throat

Hearing loss or ringing no/yes
 Earaches or drainage no/yes
 Chronic sinusitis or rhinitis no/yes
 Nose bleeds no/yes
 Slow to heal after cuts no/yes
 Mouth sores no/yes
 Bleeding gums no/yes
 Bad breath or bad taste no/yes
 Sore throat or voice change no/yes
 Swollen glands in neck no/yes

Cardiovascular

Heart trouble no/yes
 Chest pain or angina pectoris no/yes
 Palpitation no/yes
 Rheumatic fever no/yes
 Swelling of feet, hands... no/yes
 High Blood Pressure no/yes
 Low Blood Pressure no/yes
 Mitral Valve Prolapse no/yes

Respiratory

Cough/Throat clearing no/yes
 Spitting up blood no/yes
 Shortness of breath no/yes
 Wheezing no/yes
 Pneumonia no/yes
 Asthma no/yes

Gastrointestinal

Hepatitis no/yes
 Loss of appetite no/yes
 Change in bowel movements no/yes
 Nausea/vomiting no/yes
 Frequent diarrhea no/yes
 Painful bowel movements no/yes
 Constipation no/yes
 Rectal bleeding/blood in stool no/yes
 Abdominal pain no/yes
 Ulcer no/yes
 Hemorrhoids no/yes

Kidney stone no/yes
 Sexual difficulty no/yes
 Male-testicle pain no/yes
 Female-irregular periods no/yes
 Female-vaginal discharge no/yes
 Female # of pregnancies
 Female # of miscarriage
 Bladder infection no/yes
 Incontinence/ dribbling no/yes
 Female-date of last PAP
 Female-pain with periods no/yes

Musculoskeletal

Joint pain no/yes
 Joint stiffness no/yes
 Joint swelling no/yes
 Weakness of muscles no/yes
 Weakness of joints no/yes
 Muscle pain or cramps no/yes
 Back pain no/yes
 Cold extremities no/yes
 Difficulty in walking no/yes
 Arthritis no/yes

**Infectious Mono no/yes
 Cancer no/yes**

Integumentary/ Skin/ Breast

Change in skin color no/yes
 Change in hair or nails no/yes
 Varicose veins no/yes
 Breast pain no/yes
 Rash or itching no/yes
 Hives or Eczema no/yes
 Bleeding tendency no/yes
 Breast lump no/yes
 Breast discharge no/yes
Neurological
 Frequent headaches no/yes
 Dizzy/ light headed no/yes
 Convulsions/ seizures no/yes
 Numbness/ tingling no/yes
 Tremors no/yes
 Paralysis no/yes
 Head injury no/yes
 Epilepsy no/yes
 Migraine Headache no/yes
 Stroke no/yes

Violent/ unusual thoughts no/yes

Endocrine

Glandular/hormone problem no/yes
 Excessive thirst/urination no/yes
 Heat/cold intolerance no/yes
 Skin becoming dryer no/yes
 Change in hat or glove size no/yes
 Thyroid Disease
 Diabetes no/yes

Hematologic/ Lymphatic

Anemia no/yes
 Bleeding/bruising tendency no/yes
 Anemia no/yes
 Phlebitis no/yes
 Past transfusion no/yes
 Enlarged glands no/yes

Allergic/ Immunologic

History of skin reaction or other adverse reaction to:
 Penicillin/ other antibiotics no/yes
 Morphine, Demerol/ Narcotics no/yes
 Novocain/ Anesthetics no/yes

Aspirin/ pain remedies no/yes
 Tetanus antitoxin/ serums no/yes
 Iodine, merthiolate, antiseptics no/yes
 Other drugs/ medication _____

Food allergies _____

Environmental allergies _____

Any other disease no/yes (Please list):

To the best of my knowledge, the questions on this form have been accurately answered. I understand that providing incorrect information can be dangerous to my health. It is my responsibility to inform the doctor's office of any changes in my medical status. I also authorize the healthcare staff to perform the necessary services I may need.

Signature of Patient/ Guardian _____ Date _____